

## COST

Thanks to the great partnership of the Rural Health Community Systems and the American Red Cross Camp RTE will be free this year to any youth. The normal cost of the RTE course is \$55 per person. School have many grants available to them to help pay for the cost of this program and equipment if they are interested in providing this course to their students. Rural Health will provide assistance to any school interested in using the RTE Course. For more information call Rural Health Community Systems at 607-794-8505.

### Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Age \_\_\_\_\_ Phone# \_\_\_\_\_

Please fill out this form and mail it to:

American Red Cross/Rural Health

123 W. Market St.

Corning, NY 14830

By filling out this form you are not committed to taking this course.



**American  
Red Cross**

*Together, we can save a life*



### Contact Information:

For information on Camp RTE or RTE for Schools please call the American Red Cross at 607-936-3766 or Rural Health Community Systems at 607-794-8505

# CAMP RTE

**It could save  
your life**



**American  
Red Cross**

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## Camp RTE

Camp "RTE" is a camp designed to teach youth how to respond to emergencies. This camp will provide youth with the knowledge and skills necessary in an emergency to help sustain life and to minimize pain and the consequences of injury or sudden illness until professional medical help arrives.

Camp RTE is a 5 day camp that runs from 8:30am to 4:30pm. It is full of hands on actives and demonstrations, and teaches a lot of serious skills but in a fun way!



## Learning Objectives

The camp will explain how the Emergency Medical Services (EMS) system works and the citizen responder's role in the EMS sys-

**AED**  
Automated External Defibrillator



tem, including how and when to call EMS. The youth will also learn how to recognize the signs and symptoms of breathing emergencies, including choking, and demonstrate how to provide rescue breathing and first aid for choking. They will learn about and how to identify the major risk factors for cardiovascular disease and how to minimize them. How to recognize the signs and symptoms of a possible heart attack, and how to care for cardiac arrest, and demonstrate how to provide CPR and AED (Automated External Defibrillation) until EMS arrives. And how to care for life-threatening bleeding, injuries, and sudden illnesses and how to give first aid until help arrives.

At the end of the camp the youth will take a test to become certified in CPR, AED, and First Aid. These skill are not only valuable for their life saving potential but the youth will gain confidence for their accomplishment and have some great skills to add to their resumes. The



RTE course is a 24 hour course designed by the American Red Cross that can be used in high schools to meet the

New York State Department of Education standards for learning health at all levels of education high school, intermediate, and elementary.

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